



European Association
of Geriatric Psychiatry

Intensive refresher course in Old Age Psychiatry

A 3 day CME accredited course organized by the
European Association of Geriatric Psychiatry
(EAGP)

Leuven, Belgium

Thursday 26th , Friday 27th and Saturday 28th September 2024

Thursday 26th	Type of education	Expert(s)	Title
11:00 – 12:30	Course introduction Journal club 1	Richard Oude Voshaar, Rob Kok, Filip Bouckaert	Welcome Learning from high-quality research papers – What’s new in old age psychiatry? - part 1
12:30 – 13:30	Lunch	-	-
13:30 – 15:00	Lecture & meet-the-expert	Davy Vancampfort	Physical exercise and mental health
15:00 – 15:30	Coffee/tea break	-	-
15:30 – 17:00	Lecture & meet-the-expert	Brenda Penninx	(Biological) ageing and mental health
17:00 – 17:30	Short break	-	-
17:30 – 19:00	Lecture & meet-the-expert	Francesca Mangialasche	Preserving brain health – the FINGER initiative (and beyond)
19:00 – 21:00	Walking dinner		

Friday 27th	Type of education	Expert(s)	Title
9:00 – 10:30	Lecture & meet-the-expert	Margda Waern	Suicide in late life
10:30 – 11:00	Coffee/tea break	-	-
11:00 – 12:30	Lecture & meet-the-expert	Ken Laidlaw	Psychotherapy in later life
12:30 – 13:30	Lunch	-	-
13:30 – 15:00	Lecture & meet-the-expert	Dag Aarsland	Neuropsychiatric symptoms and non-pharmacological treatments in Parkinson’s disease and Lewy body dementia.
15:00 – 15:30	Coffee/tea break	-	-
15:30 – 17:00	Lecture & meet-the-expert	Mathieu Vandenbulcke	Accelerated and pathological ageing in late-life psychiatric disorders – Neuroimaging markers.
17:00 – 17:30	Short break	-	-
17:30 – 19:00	Workshop	Richard Oude Voshaar, Rob Kok, Filip Bouckaert	Guided case discussion
19:00 – 22:00	Dinner (optional)	-	-

Saturday 28th	Type of education	Expert(s)	Title
9:00 – 10:30	Lecture & meet-the-expert	Maarten Van Den Bossche	Sleep disorders in later life
10:30 – 11:00	Coffee/tea break	-	-
11:00 – 12:30	Lecture & meet-the-expert	Rob Howard	Psychosis in late life
12:30 – 13:30	Lunch	-	-
13:30 – 15:00	Journal club 2	Filip Bouckaert, Rob Kok, Richard Oude Voshaar	Learning from high-quality research papers – What’s new in old age psychiatry?– part 2.
15:00 – 15:30	Closing ceremony	-	-

Course Objectives

Geriatric psychiatry is widely acknowledged as an important subspecialty of psychiatry. Nonetheless, not all countries across Europe do have established training programs. Moreover, opportunities for retraining are limited, since most psychiatric congresses generally pay little attention to geriatric psychiatry and certainly not cover the whole area of geriatric psychiatry.

Aiming to improve geriatric psychiatry across Europe, the European Association of Geriatric Psychiatry (EAGP) has organised a “*Refresher Course*”, a three-day, high-quality course.

This intensive three-day course in old age psychiatry will provide an in depth review of selected topics, guided case discussions and will update you with the latest high-quality research relevant for clinical practice.

Format

Our ambition is to provide retraining at the highest quality level in a pleasant, informal atmosphere. To achieve this ambition, different teaching methods will be used including state of the art lectures, meet-the-expert sessions, guided case discussions and discussing research papers.

A main role is given to international experts. Each expert will have 90 minutes to fill in with a lecture as well as a meet-the-expert session. Interaction and discussion will be facilitated due to the small-scale of the course (up to 40 participants) and availability of the experts during the breaks.

Given the limited space, registration will be on a first come, first served basis. Registration will start on 15th of March 2024 (application form by e-mail). Your registration is definitive when your payment is received by the organization.

A syllabus with research papers and lecture material will be provided.

Continuing Education

This program is designed for consultant old age psychiatrists. CME points will be provided. The course will have space for a maximum of 40 old age psychiatrists from all over Europe and other continents.

Where?

Faculty Club, Leuven, Belgium (<http://www.facultyclub.be/en/history/>). Faculty Club is a unique conference centre. It welcomes its guests to a unique historic setting in the beguinage's Infirmary, which dates back to the 13th century and which was renovated in the 16th and 17th centuries.

The ancient historical site of the Grand Beguinage was included in the UNESCO World Heritage List in March 2000, and Faculty Club manages a part of this unique complex.

The city Leuven (close to Brussels) is a pleasant, safe and bustling student town, where centuries-rich history meets cutting edge science with the KU Leuven being a centre of learning for nearly six centuries. Today, it is Belgium's largest university and, founded in 1425, one of the oldest and most renowned universities in Europe <http://www.kuleuven.be/about/communicatie/marketing/publicaties/infocus-uk.pdf>

When?

Thursday 26th – Friday 27th and Saturday 28th September 2024 (see program on page 2).

Which language will be spoken?

English

What are the course fees?

Early bird registration will be **900 Euro** for EAGP members.

Registration after 15th June 2024 will be 1000 Euro. *Old age psychiatrist who are member of a national society are usually automatically member of the EAGP.*

750 Euro for colleagues who do not work in high and upper middle income countries as described by the World Bank, as well as colleagues from Croatia, Estonia, Hungary, Latvia, Lithuania, Moldova, Poland, Slovakia (Slovak Republic), Slovenia and Ukraine).

1250 Euro for non-EAGP members who work in high and upper middle income countries as described by the World Bank.

Registration is only valid with payment of the registration fee.

The fees cover attendance of the course (and syllabus), lunches and coffee/tea/beverages and the walking dinner (drinks included) on Thursday evening.

Hotel fees are not included, but the secretariat of the Flemish Association of Psychiatry can help you with your booking (info@vwpnline.be). There are lots of hotels in walking distance from the venue at different prices (from 60 Euro on).

Dinner on Friday night at the Faculty Club is optional (90 Euro for 3 course meal including drinks).

Cancellation policy

For cancellations received in writing up to four weeks before the course begins, a 50 Euro processing fee will be charged. Thereafter, there will be no refund.

Personalia:

Richard Oude Voshaar (The Netherlands):

Professor of old age psychiatry, Head of the department of Old Age Psychiatry, University Center Psychiatry, UMC Groningen, the Netherlands. President of the EAGP. Co-organiser of the Refresher Course.

Rob Kok (The Netherlands):

Old age psychiatrist at Parnassia, the Hague, the Netherlands.
Co-organiser of the Refresher Course

Filip Bouckaert (Belgium):

Professor of old age psychiatry KU Leuven and medical director of University Psychiatric Center KU Leuven, Belgium. Vice-president of the EAGP. Co-organiser of the Refresher Course.

Davy Vancampfort (Belgium):

Assistant professor at the Faculty of Movement and Rehabilitation Sciences KU Leuven, head of the Research Group for Adapted Physical Activity and Psychomotor Rehabilitation; member of KU Leuven Brain Institute

Brenda Penninx (The Netherlands):

Professor of psychiatric epidemiology at the department of Psychiatry of Amsterdam. Since 2004 she leads the multi-site Netherlands Study of Depression and Anxiety (NESDA: www.nesda.nl), a longitudinal study of the course and consequences of depressive and anxiety disorders.

Francesca Mangialasche (Sweden):

Assistant Professor, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet, Sweden. Her research focuses on clinical and neuropsychological aspects of brain aging and dementia, and on biological studies of brain aging with a specific emphasis on Oxidative/Nitrosative Stress and Antioxidants in Dementia/Alzheimer's disease in elderly people.

Margda Waern (Sweden):

Professor of Psychiatry at University of Gothenburg (Sweden) with special focus on suicidology. Head of research group studying suicidality and depression during the life course with a special focus on older adults.

Ken Laidlaw (UK):

Professor of Clinical Psychology, University of Exeter.
Interested in quality of life and wisdom research in later life in terms of how this research data can be integrated into CBT to augment treatment outcome.

Dag Aarsland (UK):

Professor of Old Age Psychiatry at King's College London (UK). Renowned throughout the world in the field of Lewy Body Dementia and Parkinson's disease but has made contributions across the spectrum of old age psychiatry.

Mathieu Vandenbulcke (Belgium):

Chair of the Geriatric Psychiatry Department of the University Hospitals Leuven and full professor at the Department of Neurosciences of the KU Leuven. Chair of the KU Leuven Brain Institute. His research expertise is situated in the domain of clinical neuroscience at the intersection between psychiatry and neurology including multimodal neuroimaging and behavioral studies in aging, late life psychiatric disorders and dementia.

Maarten Van Den Bossche (Belgium):

Old age psychiatrist and Associate Professor of Psychiatry at the Department of Neurosciences of the KU Leuven. His research expertise is situated in the domain of behavioral and psychiatric symptoms in dementia as well as in sleep disorders.

Rob Howard (UK):

Professor of Old Age Psychiatry and Psychopathology at the Division of Psychiatry, University College London. His research interests are in the dual fields of dementia and mental health disorders in older people such as depression, psychosis and anxiety.