



European Association
of Geriatric Psychiatry

2024 EAGP webinars

Which factors should be considered to optimize treatment choice in older people with resistant depression?

**Doctor Samuel Bulteau, Nantes University, France
Thursday 16th May, 2024, at 12.00-13.00 CEST**

Summary - Depression is a common condition in individuals over 65 years of age. These forms of depression are more often resistant to first- and second-line treatments than in younger individuals. Persistent depression is associated with a lot of risks including loss of independence, an increased risk of developing genuine neurocognitive disorders, a poorer evolutionary prognosis of general medical conditions that are comorbid (cancer, metabolic disease, cardiovascular, malnutrition). These risks of a poorer prognosis are almost present in individuals with certain vulnerabilities: cognitive, behavioral and motor frailty, vascular leukopathy, a background of immuno-metabolic and/or inflammatory damage. Biological treatment options for resistant depression include augmentation with lithium, antipsychotics, ECT, and - with less evidence - rTMS, dopaminergic agonists, (es)ketamine, EMONO, methylphenidate. The overall objective of this symposium is to identify factors that may aid in therapeutic decisions and help to define more precisely the role of adjunct biological treatments available in the arsenal for treatment-resistant depression.

About Samuel : Samuel Bulteau is head of the Old Age Psychiatry unit in Nantes University Hospital, France, and researcher in SPHERE 1246 Inserm center. He is a board member of the French Society of Old Age Psychiatry and secretary of the Old Age Section of the European Psychiatric Association. He published numerous research papers, particularly in the treatment-resistant depression (TRD) sector, focusing on non-invasive brain stimulation, the use of psychotropic drugs, and assessment methods. Currently, he aims to explore new therapeutic options, such as Repetitive Transcranial Magnetic Stimulation (rTMS) and pharmacological agents for older individuals suffering from TRD



No preregistration necessary, just join us when meeting starts!

[Zoom link to EAGP Webinars](#)

Meeting ID : 891 3321 7783 PW : 695691

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Cross promotion:

EAGP cross-promote information about webinars with Baycrest, Toronto and IPA. You'll need to pre-register for these. Here is information on programme and how to connect for webinars in May:

I-GeMH rounds from Baycrest :

Quality Through Collaboration: Supporting memory services through the UK's national accreditation program - A Global Model

Friday, May 17, 2024, 8 a.m. to 9 a.m. Eastern Standard Time (Toronto)
is 14:00/2PM CEST (Central European Summer Time), 1500/3PM in
UK/Ireland/Portugal

Dr. Sujoy Mukherjee : Old Age Consultant Psychiatrist and Chair of MSNAP Accreditation Committee, Board member of EAGP, and
Ms. Jemini Jethwa, MSNAP Programme Manager, The Royal College of Psychiatrists

How to Join Zoom Event

IMPORTANT PLEASE READ - You must register before the start time by clicking on this link:

<https://us06web.zoom.us/meeting/register/tZakdeqtpzgpG9c7c0vsT-9SfLhwaulbg7ZD>

- The session is from 8 AM to 9 AM ET. We invite you to join us for an informal chat for 15 minutes afterwards.

IPA webinar series:

Substance Use Disorder in Older Adults: The Latest Buzz

Wednesday, May 22nd at 8:00 AM CT (US), is 15:00/3PM CEST (Central European Summer Time), 1600/4PM in UK/Ireland/Portugal

Presenter: Dr. Christopher Kitamura

Dr. Kitamura is a geriatric psychiatrist at Baycrest in Toronto, Canada. He is an Assistant Professor in the Department of Psychiatry, Division of Geriatric Psychiatry, at the University of Toronto. He is a Board Member of the Canadian Academy of Geriatric Psychiatry and Chair of the Communications Committee. He is the Co-Founder and Co-Chair of International Geriatric Mental Health Network (I-GeMH) and the Canadian Geriatric Substance Use Disorders Course for Geriatric Psychiatry Residents.

Presenter: Marilyn White-Campbell

Marilyn White-Campbell is a Geriatric Addictions Specialist with Baycrest Behavioral Support Ontario. Marilyn was co-investigator with Canadian Coalition for Seniors Mental Health which established 4 national clinical best practice guidelines for substance use disorder for older adults and co-chair for the Alcohol Working Group, With 37 years of clinical experience she is recognized as a pioneer in the field of Geriatric Addictions.

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